



**For Immediate Release**

## **Plato Gold Corp. Announces Grant of Stock Options**

**Toronto, September 7, 2005** – Plato Gold Corp (TSX-V: **PGC**) is pleased to announce that in accordance with the Corporation's stock option plan, the board of directors at its meeting on September 1, 2005 has approved the grant of options to acquire a total of 1,050,000 common shares of the Corporation at an exercise price of \$0.20 per share. The stock options are vested and released at a rate of 25% per year on the anniversary date of the grant.

Options to purchase the common shares of the Corporation were granted to the directors and officers of the Corporation as follows:

Anthony Cohen	200,000
Luis Navas	100,000
Harold Neal	250,000
Robert Van Tassell	250,000
Greg K W Wong	250,000

These option grants are subject to TSX Venture Exchange approval.

Plato Gold Corp. is a Canadian junior gold exploration company listed on the TSX Venture Exchange. The Company's current focus is on exploration in Northern Ontario which includes four properties (Guibord, Harker, Holloway and Marriott) in what is sometimes referred to as the Harker/Holloway gold camp. Several junior, intermediate and senior companies are active in this camp located east of Timmins, Ontario. Plato Gold Corp. is in the early stage of exploring its project.

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