



PLATO GOLD CORP

**For Immediate Release**

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## **Plato Gold Updates Activities on Silver Fox Project in Timmins**

**Toronto, November 10, 2009** – Plato Gold Corp. (TSX-V: PGC) (“Plato” or the “Company”), an exploration company with a portfolio of properties in significant gold mining camps in Northern Ontario, Northern Québec, and Santa Cruz, Argentina is pleased to provide the following update of their activities on their Silver Fox project located in Guibord Township.

To date 4 drill holes (G09-01 to G09-04 inclusive) have been completed for a total of 1525 metres. Drilling on a 5<sup>th</sup> hole (G09-05) is currently progressing at a depth of 250 metres and when completed will test the Quartz Vein Zone to a vertical depth of 366 metres. Currently, this portion of the entire program has envisaged 6 holes being advanced. This is a required step to further define the quartz carbonate zone intersected by previous drill campaigns and progressing toward a resource calculation.

The current program is designed to test this zone both along strike and down dip. Three of the holes have intersected the Quartz Vein Zone along strike and down dip to a vertical depth of 260 metres, with intersection widths up to 52 metres. Additionally, an exploratory hole (G09-04) has been advanced to the southern property boundary. This hole has tested the IP anomaly located there and confirmed lithology in this under-explored portion of the property.

A total of 152 samples for holes G09-01, G09-02 and a portion of G09-03 have been submitted and results are currently pending.

The entire 2009 program will include approximately 1500 metres of drilling on the Garrison-Harker and Harker properties.

“We are pleased with the progress to date at our Silver Fox project, in Timmins, Ontario” said Anthony Cohen, President and CEO. “With drill programs operating concurrently in Ontario and in our Nordeau Bateman project in Val d’Or, Québec, we look forward to a number of assay results before year end,” said Cohen.

Plato's Silver Fox project area is situated astride the Destor-Porcupine Fault Zone (DPFZ), which is a deep break in the Precambrian rocks of the Abitibi Greenstone Belt. This fault system hosts many of the deposits in the Timmins area. The system regionally strikes east-west and dips variably to the south. Plato has interpreted that the Silver Fox project area lies astride of a large scale fold on a flexure in the DPFZ Fault. The predominant rock units at the Silver Fox project area are altered tholeiitic basalts and altered peridotites. Gold occurs as free gold in quartz and quartz-carbonate veining and quartz stockworks in altered peridotites and in gold associated with pyrite in altered tholeiitic basalts.

Plato Gold's drilling program at Guibord is designed to build on gold mineralized intersections by previous operators, including Plato. The current drill program is designed, as a part of Plato's continuing exploration program at the Silver Fox project site, to result in a NI 43-101 compliant resource. The drilling undertaken previously has identified a zone of gold mineralization hosted within a quartz-carbonate vein system, and the current program is designed to demonstrate continuity of the gold mineralization both along strike and down dip within this vein system.

Drill core assaying is done by ALS-Chemex of Mississauga, Ontario and Vancouver, British Columbia. The drilling and exploration program is being carried out by Plato Gold, under the supervision of Peter Karelse, P. Geo. Mr. Karelse is a qualified person as defined by National Instrument 43-101 with more than 25 years of experience in exploration and development of gold projects including those in the Abitibi Greenstone Belt.

### **About Plato Gold Corp.**

Plato Gold Corp. is a Canadian junior gold exploration company listed on the TSX Venture Exchange with exploration projects in Northern Ontario, Northern Québec and the Lolita Property in the province of Santa Cruz, Argentina.

The Northern Ontario project includes 5 properties: Guibord, Harker, Harker-Garrison, Holloway and Marriott in the Harker/Holloway gold camp located east of Timmins, Ontario.

The Northern Québec project includes 7 properties: Nordeau Bateman, Vauquelin, Vauquelin Pershing, Vauquelin Horseshoe, Pershing Denain, Hop O'My Thumb and Once Upon a Time. All 7 properties are located near Val d'Or, Québec.

Plato is in the advanced exploration stage on the Nordeau West site with a NI 43-101 compliant gold resource reported on March 12, 2009. Highlights of the Nordeau West mineral resource update include:

indicated resources of 30,212 oz Au on average grade of 4.17 g/t and 225,342 tonnes; and  
inferred resources of 146,315 oz Au on average grade of 4.09 g/t and 1,112,321 tonnes.

In Argentina, the Lolita Property is comprised of 3 contiguous concessions and initial work has been started on this property. For additional company information, please visit: [www.platogold.com](http://www.platogold.com).

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#### ***Forward Looking Statements***

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